

### Sample Infant Schedule

6:00 – 8:30	Arrival – parent/teacher check-in, free play, music
8:00 – 9:00	Breakfast or bottle
9:00 – 9:30	Diaper changes (naps as needed)
9:30 – 11:00	Art, large muscle (outside/gym), free play, music, tummy time
11:00	Diaper changes
11:00 – 12:30	Lunch or bottle
12:30 – 1:00	Naps (as needed), free play, outside time
1:00	Diaper changes
1:00 – 6:00	Bottles as needed
2:00 – 2:30	Music and movement
2:30 – 3:00	Snack for older infants
3:00 – 5:00	Diaper changes, free play, tummy time, book time
5:00	Diaper changes
3:30 – 6:00	Departure – parent/teacher communication

### Sample 3-year-old Schedule

6:00 – 7:15	Arrival and free play
7:15 – 7:30	Special activities in our classroom
7:30 – 8:30	Child-initiated play
8:30 – 8:50	Self-serve, family style breakfast
8:50 – 8:55	Music and movement
8:55 – 9:00	Helping hands (Children select classroom tasks to help with)
9:00 – 9:15	Small group/planning time
9:15 – 10:15	Child-initiated play
10:15 – 10:30	Clean-up and small group review time
10:30 – 11:00	Outside time
11:00 – 11:15	Potty and wash hands
11:15 – 11:30	Story time
11:30 – 12:00	Self-serve, family style lunch
12:00 – 2:20	Nap/rest time
2:30 – 2:40	Potty and wash hands
2:40 – 3:00	Self-serve, family style snack
3:00 – 3:15	Large group activity
3:30 – 4:00	Child-initiated play
4:00 – 4:45	Outside
4:45 – 5:00	Late snack
5:00 – 6:00	Special activity (closing room)