



May Menu



Child and Family Centers of Excellence

Lunch 2021/2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grilled Garlic Herb Chicken Breast 2 WW Dinner Roll Corn and Lima Beans Fruit Milk 1%	Italian Chicken 3 Over WG Penne Pasta Mozzarella Cheese Romaine Salad w/Ranch Fruit Milk 1%	Special Menu Day 4	Meatballs in Gravy 5 Mashed Potatoes Pickle Spears WW Dinner Roll fruit Milk 1%	WG Flat Bread or WW Bagel Cheese Pizza 6 Pepperoni BBQ Chicken or Canadian Bacon Raw Vegetables w/Ranch Assorted Fresh Fruit Milk 1%
BBQ Pork 9 Zucchini WG Slammer Roll Fruit Milk 1%	Chicken Tenders w/Sauce 10 WG Dinner Roll Green Beans Fruit Milk 1%	Sloppy Joes 11 WG Slammer Bun Steamed Carrots Fruit Milk 1%	Chicken Thigh in Gravy 12 Enriched Long Grain and Wild Rice w/Carrots Mandarin Orange-Spinach Salad Fruit Milk 1%	Fish Fillet 13 Tartar Sauce Homemade Vegetable Pasta/Rice Soup Oyster Crackers Fruit Milk 1%
BBQ Chicken Breast 16 Riviera Blend Vegetables WG Dinner Roll Fruit Milk 1%	Roast Beef in Gravy 17 Over Enriched Brown Rice of WG Pasta Beets Fruit Milk 1%	Sliced Turkey 18 Sliced Cheese, Lettuce, Tomato, Mayo Mini WG Soft Bun Fruit Milk 1%	Chicken Parmesan 19 w/WG Penne Pasta In Marinara Sauce Parmesan Cheese Garden Salad w/Dressing Fruit Milk 1%	Mini WG Turkey Corn Dogs 20 w/Ketchup Corn Assorted Fruit Salad Milk 1%
Popcorn/Dowadittie Chicken 23 w/Sauce HM Soup w/WG Pasta/Rice/Barley Vegetables Fruit Milk 1%	WG Cheese Lasagna Roll Up 24 Parmesan Cheese Garden Salad w/Dressing Fruit Milk 1%	Nachos w/Seasoned Beef, 25 Shredded Lettuce, Tomato, Shredded Cheese, Salsa Corn Tostito Chips Fruit Milk 1%	Turkey in Gravy 26 Mashed Sweet Potatoes WG Dinner Roll Or Corn Muffin Fruit Milk 1%	Ham Potato Broccoli 27 Cheese Casserole WG Dinner Roll Fresh Fruit Salad Assorted Milk 1%
Chicken Alfredo 30 w/Chopped Broccoli WG Rotini Pasta Parmesan Cheese Fruit Milk 1%	Hot Roast Beef in Gravy 31 WG Dinner Roll Peas and Carrots Fruit Milk 1%	WG Cheese Ravioli <i>June 1</i> in Marinara w/Mozzarella Winter Blend Vegetables Fruit Milk 1%	Baked Cod w/Seasoning <i>June 2</i> WG Dinner Roll Malibu Vegetables Fruit Milk 1%	Sliced Ham and Cheese <i>June 3</i> WW Bread Cauliflower w/Cheese Mayo/Mustard Fruit Salad Milk 1%



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Breakfast/Snacks 2021/2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Swirl Cinnamon Bread w/Spread Fruit & Milk 1% 2	MG English Muffin w/Jelly or Jam Fruit & Milk 1% 3	WG Toast Scrambled Eggs Fruit & Milk 1% 4	WG Cereal Fruit Milk 1% 5	Mini WG Pancake Wrapped Turkey Sausage Fruit & Milk 1% 6
MG Tortilla Sun Butter Banana & Milk 1%	Apple/Mandarin/Orange Salad w/Cinnamon WG Graham Crackers & Water	Special Menu Day	String Cheese Pretzels Fruit & Water	BT2's Graham P-G-R-Y-B Rice Cakes Fruit & Milk 1%
WG Breakfast Bread Fruit Milk 1% 9	WG Cereal Fruit Milk 1% 10	WG Enriched Toast Egg Patty Fruit & Milk 1% 11	WW Mini Bagel Warm Canadian Bacon Fruit & Milk 1% 12	MG English Muffin w/Jelly or Jam Fruit & Milk 1% 13
Fruit Cottage Cheese Water	WG Muffin Fruit Water	Raw Vegetables w/Ranch WG Crackers Water	WG Cereal Snack Mix Fruit Water	Fruit WG Crackers Water
WG Waffles w/Syrup Fruit Milk 1% 16	WG Cereal Fruit Milk 1% 17	WG Bun Chicken Sausage Patty Fruit & Milk 1% 18	Scrambled Eggs w/Salsa MG Tortilla Fruit & Milk 1% 19	WG French Toast Cinnamon Sugar Fruit & Milk 1% 20
Mini Bagels w/ Cream Cheese Fruit Water	WG Crackers w/Soy Butter Fruit Water	Fruit WG Snack Mix Water	WG Assorted Muffin Fruit Milk 1%	Fruit WG Graham Crackers Milk 1%
WG Waffles w/Syrup Fruit Milk 1% 23	WG Cereal Fruit Milk 1% 24	WW Toast w/Spread Hard Boiled Eggs Fruit & Milk 1% 25	WG Sliced Roll Chicken Sausage Patties Fruit & Milk 1% 26	WG Bagel w/Cream Cheese Fruit Milk 1% 27
Yogurt w/Berries WG Cereal as Topping Water	Vegetables w/Dip Pretzels Water	String Cheese Fruit Milk 1%	Apple, Pineapple, Craisin Salad WG Crackers Water	WG Rice Cakes B-T-2s Graham Fruit & Water
WG French Toast w/Syrup Fruit & Milk 1% 30	WG Bagel w/Cream Cheese Fruit Milk 1% 31	WG mini Turkey Sausage Pancakes Fruit & Milk 1% <i>June 1</i>	WG Cereal Fruit Milk 1% <i>June 2</i>	WG Roll Canadian Bacon Fruit & Milk 1% <i>June 3</i>
WG English Muffin Soy Butter or Jelly Raisins B-T-2s Applesauce & Water	WG Crackers Raw Vegetables w/Ranch Water	WG Crackers Cheese Spread Fruit & Water	WG Graham Style Crackers Fruit Water	WG Graham Crackers Fruit Milk 1%

Late snack will be 2 components consisting of either fruit, whole grain, cheese, protein, etc. Choices will vary depending upon availability.