

September Menu

Child & Family Centers of Excellence - National Centers for Learning Excellence

Lunch Menu
2026-2027

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

	1 Multi grain tortilla w/ plain chicken strip unbreaded, cheese slices, cucumber, tomato slices and mayo Fruit & 1% Milk	2 WG spaghetti w/meatballs Garden salad w/dressing Parmesan cheese Fruit & 1% Milk	3 Chicken breast grilled seasoned Corn and lima beans Enriched rice pilaf or fried rice Fruit & 1% Milk	4 Fish wedge/fillet tartar HM soup cream style vegetable (tomato, broccoli-potato corn) WG cheese bread stick Fresh cut fruit salad 1% Milk
7 Center Closed	8 Multigrain tortilla shell Chicken taco shredded lettuce, cheese, diced tomato salsa, Fruit & 1% Milk	9 Baked breaded pork chop Mashed sweet potatoes Enriched rye Fruit & 1% Milk	10 Sous vide chicken breast Enriched Spanish rice on side Garden salad w/ dressing Fruit & 1% Milk	11 Beef and bean chili w/ cheese Bread stick or Fritos Fresh fruit salad 1% Milk
14 Beef and bean cheese WG burrito Roasted Mexican corn in sauce Fruit & 1% Milk	15 BBQ fire braised chicken breast enriched long grain garden rice Peas Fruit & 1% Milk	16 WG cheese ravioli in marinara w/parmesan Capri vegetable blend Fruit & 1% Milk	17 Seasoned baked fish w/tartar Broccoli WG cheese breadstick Fruit & 1% Milk	18 WG pita pockets /wraps Grilled /breaded chicken strips, shredded lettuce, cheese sliced, tomatoes and mayo Assorted fruit & 1% Milk
21 WG tostitos chips or tortilla shell Nachos w/ seasoned beef, shredded cheese, lettuce, diced tomato and salsa Fruit & 1% Milk	22 Chicken tender w/ sauce Rice pilaf enriched Broccoli Fruit & 1% Milk	23 Italian chicken strips w/ WG macaroni and cheese Raw vegetable /ranch Fruit & 1% Milk	24 Meatball marinara WG mini sub w/mozzarella cheese California vegetables Fruit & 1% Milk	25 WG Bread/bun, Sliced turkey, sliced cheese lettuce, tomato, mayo HM soup chicken or beef vegetable, Pasta-rice vegetable, vegetarian w/barley Fruit & 1% Milk
28 Meatballs /meatloaf in gravy Rivera vegetables Enriched brown chicken flavored rice Fruit & 1% Milk	29 Chicken parmesan WG pasta in marinara sauce Parmesan cheese Romaine salad/dressings Fruit & 1% Milk	30 Roast beef in gravy WG dinner roll Steamed carrots Fruit & 1% Milk	1 Baked pork loin in gravy Baked fresh sweet potatoes Enriched rye bread Fruit & 1% Milk	2 Chicken and cheese quesadilla HM Chicken and cheese empanadas Salsa Corn on cob Fruit & 1% Milk

September Menu

Child & Family Centers of Excellence - National Centers for Learning Excellence

Breakfast Menu

2026-2027

MONDAY



TUESDAY



WEDNESDAY



THURSDAY

Snack Time

FRIDAY

	WG cereal Fruit & 1% Milk WG graham crumbs Cereal as topping Yogurt Fruit & 1% Milk	1	WG toast Egg patty, spread Oranges – 1% Milk WG cereal mix cheerios-crispix-chex-kix Fruit & 1% Milk	2	Warm WG baking powder biscuit Chicken saus patty Fruit & 1% Milk WG crackers Raw vegetables w/ranch 1% Milk	3	WG breakfast bread Cottage cheese Fruit & 1% Milk WG crackers Fruit & Water	4	
Center Closed	WG cereal Fruit & 1% Milk Sun/soy butter WG crackers Fruit & 1% Milk	7	WG enriched toast spread Omelets Fruit & 1% Milk WG crackers Raw vegetables w/dip 1% Milk	8	WG french toast w/ cinnamon sugar spread Chicken sausage links Fruit & 1% Milk Sliced apple-mandarin orange salad w/cinnamon sugar WG graham crackers 1% Milk	9	Enriched raisin bread Soy-sun butter Fruit & 1% Milk Whole grain snack mix Fruit & Water	10	
	Toasted swirl cinnamon bread w/spread Fruit & 1% Milk Multi grain tortilla Sun butter Fruit & 1% Milk	14	WG cereal Fruit & 1% Milk Cheese stick or spread Pretzels Fruit & 1% Milk	15	WW toast w/spread Scrambled eggs Fruit & 1% Milk WW crackers Raw vegetable w/dip 1% Milk	16	WG mini bagel Canadian bacon Fruit & 1% Milk WG assorted muffins Fruit & 1% Milk	17	WW english muffin Jam Cottage cheese Fruit & 1% Milk Rice cakes B-t-2 graham crackers Fruit & Water
WG pancakes w/syrup Fruit & 1% Milk Yogurt Berries WG cereal as topping Water	21	WG cereal Fruit & 1% Milk String cheese Pretzels Fruit & 1% Milk	22	WW croissant Egg bite Fruit & 1% Milk Apple, pineapple, raisin salad Graham style crackers Milk 1%	23	WG sliced roll Chicken sausage patties Fruit & 1% Milk WG cereal snack mix Cheese Fruit & 1% Milk	24	WG Bagel w/cream cheese Hard boiled eggs Fruit & 1% Milk Graham cracker Soy/sun butter Fruit & Water	25
WG Waffles w/ syrup Fruit & 1% Milk WG mini bagels w/cream cheese Fruit & Water	28	WG bun Chicken sausage link Fruit & 1% Milk WG banana-zucchini bread Fruit & 1% Milk	29	WG raisin bread toast w/ spread Yogurt Fruit & 1% Milk WG crackers Raw vegetable w/ dip 1% Milk	30	Scrambled eggs w/salsa Multigrain tortilla Shredded cheese Fruit & 1% Milk Soy butter Pretzels Fruit & 1% Milk	1	WG cereal Fruit & 1% Milk WG sun chips Fruit & wateryes	2